

# we're here to help

*All babies cry*, but some cry more than others. *One in five babies is fussy*—difficult to comfort and may have trouble feeding and sleeping.

For parents, caring for a fussy baby can be exhausting and frustrating.

There is no quick fix—but *there is help*.

Call the Fussy Baby Network, Erikson Institute's program for parents who have concerns about their baby's temperament and behavior during *the first year of life*.

Our *infant specialists* will work with you to find more ways to soothe, care for, and enjoy your baby. We'll also explore ways to reduce stress while supporting you in your important role as a parent.



Fussy Baby  
Network®

*We're here to help.*

888-431-BABY

[www.fussybabynetwork.org](http://www.fussybabynetwork.org)

Fussy Baby Network® is a project of Erikson Institute, a graduate school in child development, in collaboration with the University of Chicago and community partners. Grant support is provided by the Doris Duke Charitable Foundation and the Irving Harris Foundation. For more information about Erikson Institute, please visit our website at [www.erikson.edu](http://www.erikson.edu).

451 North LaSalle Street  
Chicago, Illinois 60654-4510

©2011 Erikson Institute. All rights reserved.  
11-739/10M/ADK/0311

call  
888-431-  
BABY

# you're not alone

Fussy Baby  
Network®



“My baby cries so much.  
I feel like crying too.”



“We’re all exhausted.  
No one sleeps anymore.”



“We’re beginning  
to figure him out!”



The Fussy Baby Network offers a range of support services for you to choose from and all families are welcome. Services are provided on a sliding fee basis and no family will be turned away for financial reasons. Services are also available in Spanish.

### *Fussy Baby Parent/ Infant Program*

Infant specialists meet with you in your home to explore your concerns and offer support. We will talk about your baby’s day, think together about strategies to soothe and calm your baby, and explore ways that you can enjoy your baby more and begin to take care of yourself. Our pediatrician, occupational therapist, and feeding specialist are also available to consult with you.

### *Fussy Baby Clinic*

Consult with our behavioral and developmental pediatrician from the University of Chicago about your baby’s health, development, temperament, and unique patterns of behavior.

### *Fussy Baby Caring Parent Groups*

Share your experiences with other parents and learn more about topics of special interest: Helping a fussy baby sleep. Strategies to refuel parents. Life after colic. Infant massage.

### *Fussy Baby Warmline*

The Fussy Baby team is available by phone to listen, and to provide support and resources. There is no charge for this service. Please call us at 888-431-BABY (888-431-2229).

### *Community Connections*

The Fussy Baby team provides training and consultation to programs serving infants and families.



**Fussy Baby  
Network®**

*We're here to help.*

**888-431-BABY**

[www.fussybabynetwork.org](http://www.fussybabynetwork.org)

Or email us at [fussybaby@erikson.edu](mailto:fussybaby@erikson.edu)