TEC Center Webinar Learning Series: Using Technology to Support Students’ SEL for Pre-K to 3rd Grade Educators during COVID-19 Outbreak
Starting at 3:00 pm CST

While you are waiting for the webinar to start:
- Download Handout while you are waiting: bit.ly/tec416
- Introduce yourself in the chat
Using Technology to Support Students’ SEL for Pre-K to 3rd Grade Educators during COVID-19 Outbreak

Presented by Alexis Lauricella, PhD and Jenna Herdzina, MS
Technology in Early Childhood (TEC) Center
Webinar Logistics & Details

- Please use the chat and Q&A functions
- 30-40 minutes of presentation
- Opportunity for Q&A with TEC Center team at the end
- Recording and will share it with everyone who registered as soon as we can!
About Technology in Early Childhood (TEC) Center at Erikson Institute
Erikson Institute

Erikson Institute is a graduate school in child development, early education, and social work

Mission: Erikson Institute educates, inspires, and promotes leadership to serve the needs of children and families so that all can achieve optimal education, social, emotional, and physical well-being
Erikson Institute
Technology in Early Childhood Center

Research  Practice  Leadership

Connecting theory, policy and research to practice
TEC Center Resources and Opportunities

• TEC Center:
  – Professional Development
  – Educator Tips and Lesson plans
  – Research
• Erikson Institute
  – Summer Institutes
  – MSECE STEM Concentration Degree and Certificate programs
  – Many other resources: SEL Initiative, Facilitating Attuned Interactions (FAN)

Handout: bit.ly/tec416
Using Technology to Support Students’ SEL for Pre-K to 3rd Grade Educators during COVID-19 Outbreak

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POLL 1
Webinar Agenda

• Personal self-care and self-compassion
• Why focus on SEL now?
• Tips, activities, and tech tools to support students’ SEL
  – Self awareness and self regulation
  – Storytelling
  – Collaboration and Relationship Skills
• Q&A
Personal self-care and self-compassion

• Give yourself grace
• Your teaching does not have to 100% translate to online learning
• Take it one day at a time: choose one or two activities to try.
Why focus on SEL now?
Why focus on SEL now?

- These times are new for every single one of us
- Children need their basic needs, like safety, met first
- Having social and emotional skills contributes to (Durlak, 2011):
  - improved academic achievements, attitudes, behaviors
  - less emotional distress
CASEL Five Core Competencies

1. Self-awareness
2. Self-management
3. Social awareness
4. Relationship skills
5. Responsible decision-making
HUMANITY

Agency & Voice

I matter.

Adaptability & Resilience

That was hard, but I’m OK.

Investment in the Collective

I care.

BELONGING

Erikson Institute  SEL Initiative
Technology and Early Childhood

Technology can be one tool, among many others to:
• Practice self-awareness and self-management
• Tell stories
• Collaborate and support relationships

BUT it depends on...
Child

Content

Host your own tea party

Context

(Guernsey, 2009)
POLL 2
Tips, activities, and tech tools to support students’ SEL: Self-awareness and self-regulation
Self-awareness and self-regulation: Tips

Tips

• Make it a priority to allow children space to feel anger, anxiety, fear, sadness
• Make this time consistent and reliable
• Encourage children to take mental and personal breaks
• Adults can model this behavior too
Self-awareness and self-regulation: Activity Ideas

Activity Ideas

• Music and dancing
• Yoga and meditation for kids: a minute of quiet/calm, visuals
• timers and reminders to remember to take breaks
• self reflection tools: journals, guided questions
Tool Highlight: Mind Yeti

Slow Breathing Part 1: Listen
Tips, activities, and tech tools to support students’ SEL: Storytelling
Storytelling: Tips

Tips

• Provide multiple ways for students to tell stories
• Utilize story starters such as: “How has this changed your life? What’s your story? What do you most miss?”
• Include time for introduction and exploration of new tech tools
Storytelling: Activity Ideas

Activity Ideas

- Brainstorming ideas
- Recreate your favorite book/create a new book
- Make a movie
- Creating comics and cartoons
- Green screen at home
- Music and recording

Photo courtesy of news.vanderbilt.edu
Tool Highlight: Book Creator
Tips, activities, and tech tools to support students’ SEL: Collaboration and Relationship Skills
Collaboration and relationship skills: Tips

Tips

• Maintain consistent relationships with students
• Encourage/support relationships between students
• Encourage students to share their work such as books, photos, or videos with other students

Photo courtesy of @Katiestig923 on Twitter
Collaboration and relationship skills: Activity Ideas

Activity Ideas

• Teacher live/recorded reading books
• Sharing, merging, co-creating
• Asynchronous collaborative activities
• Social skills building games
Tool Highlight: Explain Everything Whiteboard
What do I do with all this information?
What do I do with all this information?

• Choose 1 of the 3 categories:
  – Self-awareness and self-regulation
  – Storytelling
  – Collaboration and relationship skills
• Choose 1 activity idea
• Try out the related tech tools on your handout

HAVE FUN! You are doing a great job!
Please fill out Google Form:
forms.gle/3AKN37nEna8TXLYyG7
Q&A
Thank you! Stay tuned for our next webinar!

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