

# Supporting Your Child's Technology and Media Use

## Media Resources for Families

Technology in Early Childhood (TEC) Center  
Erikson Institute

### ***Tips***

- Relationships are crucial
- Technology is a tool; Use it when it is the right tool for the experience
- Consider why, when, and how you use technology with young children
- Adult involvement and engagement is important when using technology with children
- Intentional, age-appropriate use is important
- Think about technology through the eyes of a child, not an from an adult's perspective
- Be consistent and transparent with your rules around technology use
- Examine your own technology use and how you are modeling technology use in front of your children

### ***Readings***

[Technology in Early Childhood Center at Erikson Institute](#) provides blog posts about recent research results, industry updates, resources for teachers and parents.

[Sesame Street: Ready for School!: A Parent's Guide to Playful Learning for Children Ages 2 to 5. By Rosemarie Truglio](#) is a book from Sesame Street to help parents prepare their children ages 2-5 for developmental and academic success.

[PBS Parents](#) provide resources for parents around child development and media use.

[American Academy of Pediatrics: Family Media Plan](#) is a template and guide for you to establish your own rules and habits with your family.

### ***Suggested Media and Resources***

[PBS Kids Games](#) is an app where you can access top PBS shows, games, as well as parent resources.

[PBS Kids Video](#) is an app where you can access full episodes and clips from top PBS shows.

[ABCmouse](#) includes games, books, and curriculum for children ages 2-8 focused on reading, math, science, and art.

[Common Sense Media](#) provides reviews or all types of technology by parents, experts, and children as well as research on children and media use.

[Scholastic for Parents](#) has articles for parents and book sales including activity books.

[Circletime](#) is a platform of on-demand and live videos demonstrating activities to do with your child, birth-6 years old.

[Wow in the World](#) is a podcast for curious children and adults, leading them through stories about science, technology and innovation (Grades 4 to 6).

[Carmen Sandiego | Fearless kids around the world](#) is a SEL video series online (Grades 4-8).