

# SARAH RYAN MARTINEZ

## EDUCATION

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- Master of Arts, Clinical Psychology, Illinois School of Professional Psychology
- Master of Education, Early Childhood Special Education, University of Illinois
- Bachelor of Science, Special Education, Vanderbilt University

## PROFESSIONAL EXPERIENCE

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### **Erikson Institute Graduate School in Child Development**

#### **Senior Instructor, Current**

- Member of faculty of the Erikson Institute, premier graduate school in child development.

#### **Co-Director Infant and Early Childhood Mental Health Certificate Program Current**

- Responsible for program administration, teaching, curriculum development, hiring and supervision of adjunct faculty, reflective supervision program development and evaluation.
- Oversaw the transition of the Infant and Early Childhood Mental Health Certificate Program to a fully online program.
- Management of grant from Governor's Office of Early Childhood

#### **Assistant Director Infant Studies Program, Current**

- Responsible for program management and design of new online program for students seeking a master's degree in infancy with infant mental health emphasis.
- Supervision of adjunct faculty.
- Oversight of program evaluation and compliance with institute policies.
- Support creation of new master's degree program in infant mental health informed early intervention.

#### **Field Educator Infant Mental Health Certificate Program 2015-2016**

- Supervise post graduate certificate students in their field placements

#### **Adjunct Faculty, Erikson Institute, 2014-2018**

- Instructor for graduate level courses in Intervention and Prevention methods and Assessment for students in Infant Studies specialization. Seminar leader for students in the Infant Mental Health Certificate Program

#### **Master Trainer, Fussy Baby Network of The Erikson Institute, 2013-present**

- Provide ongoing training on the FAN (Facilitating Attuned iNteractions) method of intervention to Family Support Workers in Healthy Family programs across the state of Illinois.
- Collaborate on the creation of curriculum related to the FAN approach to working with infants and their parents.
- Mentor trainers in training to support their development as trainers of the FAN method.

**Social Emotional Specialist, Child and Family Connections of DuPage County, PACT, Inc., 2004-2014**

- Provide training on infant mental health theories and research, relationship-based practice, reflective practice, observation and interviewing skills in parent child relationships, and early social emotional development to service coordinators and early intervention providers from a variety of disciplines.
- Provide clinical consultation and reflective supervision for service coordinators, CFC manager, and therapists from a variety of disciplines individually and in groups.
- Train service coordinators on the implementation and interpretation of the Ages and Stages, SE, social emotional screening tool for use with infants and young children.
- Provide ongoing assistance to CFC staff and providers in establishing and maintaining relationship based reflective orientation in working with families.

**Infant Mental Health Consultant, Will County Health Department Healthy Families Program, 2012-2013**

- Consultation with Family Support Workers serving teen mothers and their children.
- Training on topics related to Infant Mental Health.
- Work in collaboration with The Fussy Baby Network of the Erikson Institute.

**Consultant, Praxis, Inc. 2010**

- Consulted on creation of on-line course on Infant Mental Health for Early Intervention Professionals to be used in the state of Massachusetts.

**Director, Parent Infant Program, Little Friends, Inc. 2000- 2004.**

- Responsible for the clinical supervision of staff and graduate students, and ongoing staff training on issues related to infancy and early childhood clinical work.
- Maintained a small caseload of infant-parent psychotherapy clients and conducted evaluations of behavioral and emotional functioning with children exhibiting attachment, relational, or behavioral challenges.
- Responsible for ongoing program assessment, strategic planning and quality enhancement.
- Administrative duties included management of budget, networking with other agencies and the state early intervention system, hiring of staff, and management of day to day functioning of the program.

**Infant Development Specialist, LaRabida Children's Hospital 1990-2000**

- Responsible for evaluation, individual, group, and dyadic treatment for in- and outpatient population of children ages birth to three years and their families. Patient population included children in foster care, children with developmental delay, behavioral and emotional challenges, chronic illness,

and those who had experienced abuse. Population was multicultural and of varying socio-economic status.

- Evaluator for 0-3 Diagnostic Clinic and Screening Clinic.
- Provided training for pediatric residents on attachment, emotional development, and parent child relationships.
- Member of LaRabida's speaker's bureau.
- Supervised graduate students.
- Consultation and training for programs serving infants and young children on topics of assessment and development.

#### **Infant-Parent Psychotherapy Private Practice 1998-2000**

- Independent contractor for state early intervention system.
- Provided direct service to children birth to three years old and their families. Services provided include determination of eligibility to receive early intervention services, diagnostic evaluation of behavior and emotional functioning, assessment of parent child relationships, behavioral therapy, infant parent psychotherapy, and consultation with other professionals.

#### **Adjunct Faculty, University of Illinois at Chicago 1996-1997**

- Taught graduate level courses in the department of education, division of early childhood special education.
- Team-taught "Characteristics of infants and young children with special needs".
- Solo taught "Intervention methods for infants and young children with special needs".

#### **Teaching Associate, University of Illinois at Chicago, Early Childhood Research and Intervention Program 1986-1989**

- Member of transdisciplinary team for a national research program serving at-risk infants and young children and children with special needs.
- Responsible for assessment and program planning for center based intervention as well as home visiting.
- Coordinated federally funded research grant examining the effects of intervention facilitated by computer technology on early learning.

#### **Teacher, Northwest Suburban Special Education Association 1985-1986**

- Classroom teacher for children ages 6-8 years in program for children with developmental disabilities.
- Responsible for supervision of teaching assistant and coordination of therapy services provided in an integrated therapy model.

#### **Teacher/Infant Program Coordinator, United Cerebral Palsy of Greater Chicago 1984-1985**

- Classroom teacher for children ages 3-9 years with severe developmental disabilities.
- Coordinator of early intervention services.
- Responsible for staff development and program evaluation.

## **CERTIFICATIONS AND PROFESSIONAL ACTIVITIES**

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- Licensed Clinical Professional Counselor
- Credentialed in Infant and Early Childhood Mental Health through the Illinois Association for Infant Mental Health
- Previously credentialed under psychology and other counseling and Developmental Therapy by state of Illinois Early Intervention System
- Previously credentialed evaluator for state of Illinois Early Intervention System
- Certified Lekotek leader and Compuplay Instructor
- Secretary, Board of Directors of Illinois Association for Infant Mental Health, 2000-2012, 2018-2022
- President Illinois Association for Infant Mental Health 2015-2016
- Clinical Validity Examiner for standardization sample of *The Bayley Scales of Infant Development, Second Edition*.
- Registered Circle of Security Parenting Facilitator
- Certified Trainer: Diagnostic Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: DC 0-5.

## **PROFESSIONAL PRESENTATIONS**

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- Panelist for *Early Childhood Development Symposium: Charting a Path Forward*, Jewish Child and Family Services May 2024.
- Foundations of Infant Mental Health for Early Childhood Educators. Presentation for ILAEYC December 2023
- Introduction to Infant and Early Childhood Mental Health, Quarterly presentations for Illinois Mental Health Consultation Initiative, 2019-2022.
- The Role of Attachment in Development, Quarterly presentations for Illinois Mental Health Consultation Initiative, 2019-2022
- Development Through the Lens of Attachment, Virtual Presentation for Baby Talk, Inc. February 2020.
- Supporting the Parallel Process of Workforce Wellbeing and Family Resilience, MIECHV State, Territory and Tribal All Grantee Meeting, Baltimore, MD. March 2019
- Self Care, It's More than Bubble Baths and Chocolate, Empowering Professionals Conference, Palos Park, IL March 2019
- Division for Early Childhood Conference, The FAN approach to working with Families, Louisville, KY, October 2016
- FAN Core Training for State of Massachusetts Healthy Families Home Visitors, Worthington, MA, June 2016
- Division for Early Childhood Conference, Attunement as a means for engaging Families, Atlanta, GA, October 2015
- The FAN approach to Engaging Families, Springfield, IL September, 2015

- Attunement as a means of facilitating change: Using the FAN method of intervention with families, Lisle, IL, March 2015
- Staying Present in the Midst of Chaos: Using Mindful Self-Regulation in Practice, ILAIMH Seminar, Chicago, IL, May 2104.
- Facilitation of Parent Panel at Mitochondrial Disorders Conference, Lisle, IL, May 2014.
- Supporting Families through the use of Responsive Intervention Strategies, Child and Family Connections Conference, Palos Park, IL, April 2014.
- Core Trainings on the FAN method of working with Families as part of the Fussy Baby Network collaboration with Healthy Families Illinois. Multiple trainings in April, May, and June of 2013 with follow up ongoing trainings throughout 2013.
- Understanding Attachment, Joliet, IL, December, 2012.
- Why Isn't this Kid Getting Better? Recognizing the importance of addressing the attachment relationship in treating developmental delay in the early years, Villa Park, IL, October 2012.
- Postpartum Depression, Recognizing the signs and treatment approaches, Joliet, IL October 2012.
- Infant Mental Health Approaches to Early Intervention, Tinley Park, IL, June 2011.
- Facilitator, Parent Panel on Raising Children with Fragile X, Naperville, IL, May 2011.
- Working through Challenging Situations with Families: Partnering with parents to help children have the best outcomes, Lisle, IL March 2011.
- Implementing Relationship Based Strategies with Children and Families, Lisle, IL, January 2011.
- Working through Challenging Situations with Families: Partnering with parents to help children have the best outcomes, Villa Park, IL, December 2010.
- Typical Development in Children 16-24 months, Lisle, IL, March 2010.
- Enhancing your work with young children and their families: A relationship based approach to intervention. Indianapolis, IN, March 2010.
- Typical Development in Toddlers 16-24 months, Lisle, IL, March 2010
- Reflecting on your Thoughts on Unconventional Parenting Practices, Geneva, IL, January 2010.
- Typical Development in Infants 9-15 months, Lombard, IL, September 2009.
- Keynote Address, Implementing Relationship Based Strategies with Infants and Families in Early Intervention, and Workshops; Reflective Practice in Supervisory roles, Working with Children in Foster Care, and Staff Support and Stabilization a Reflective Relationship Based approach, presented at the State of Florida Early Intervention Annual Convention, May 2009.
- Typical Development in Infants 0-9 months, Lombard, IL, May 2009
- The Role of Attachment in Development, Workshop presented for the Illinois Children's Mental Health Partnership, Springfield, IL, October 2008.
- Application of attachment theory and infant mental health principles in therapeutic intervention, Downer's Grove IL, April, 2008

- Relationship Based Therapy in Early Intervention, Lombard, IL, February, 2008.
- Professional Boundaries, Lombard, IL, January 2008
- Best Practices in Assessment and Evaluation, Rockford, IL November 2007.
- Panel Member, Illinois Association for Infant Mental Health Annual Conference, Chicago, IL, October 2007.
- Best Practices in Assessment and Evaluation, Lombard, IL, May 2007.
- Attachment and Infant Mental Health, DuPage Fox Valley Region Easter Seals, Villa Park, IL April, 2007.
- Social Emotional Project in Early Intervention, Prevention First Conference, Springfield, IL, March 2007.
- Bringing a Relationship Based Approach to the Early Intervention System, The Young Child with Special Needs Conference, Chicago, IL March 2007.
- Relationship Based Practice in Early Intervention, Villa Park, IL February 2007.
- Maintaining Professional Boundaries, Lombard, IL January 2007.
- Relationship Based Practice in Early Intervention, Child and Family Connections, Lombard, IL, September, 2006.
- Infant Mental Health in Early Intervention, Child and Family Connections, Geneva, IL, September, 2006.
- Best Practices in Evaluation and Assessment in Early Intervention, Child and Family Connections, Lombard, IL, August and September, 2006.
- Mental Health Services in Early Intervention, Child and Family Connections, Lombard, IL, January and March, 2006.
- Infant Mental Health: Issues and Strategies, Erikson Institute, Naperville, IL, March, 2006.
- Infant Mental Health, an Overview, Illinois Resource Center, Elk Grove, IL, January, 2006.
- Regulatory Disorders, Child and Family Connections, Lombard, IL, November, 2005.
- Working with Children who have Experienced Disrupted Attachments, Child and Family Connections, Lombard, IL, September, 2005.
- Relationship Based Practice: What to do and Say When You're Not Sure What to Do and Say, Child and Family Connections, Lombard, IL May, 2005.
- Social Emotional Development in Infants and Young Children, Child and Family Connections, Lombard, IL, March, 2005.
- Ages and Stages: Social-Emotional Screening. Ounce of Prevention Fund, Chicago, IL, October, 2003.
- Attachment Disorders, presentation for Starnet Region V, Chicago, IL, July, 2002.
- Infant Mental Health Issues for home visitors, presentation for the Ounce of Prevention Fund, Springfield, IL, July 2002.
- An Overview of Infant Mental Health, Presentation for State of Illinois Block Grant, Mt. Vernon, IL, April, 2002.
- Infant Mental Health: Understanding and supporting the emotional needs of young children, Focus Conference, Kankakee, IL March, 2002.

- An Overview of Infant Mental Health, presentation for State of Illinois Block Grant, Collinsville, IL, December, 2001.
- "Helping children who have experienced disrupted attachment relationships: Theory and practice." Presented for the Illinois Association of Infant Mental Health Seminar Series, February, 2001.
- "Understanding the implications of disrupted attachment relationships for children in early childhood classrooms" Presented to Early childhood school nurses of the Chicago Board of Education, May, 2000.
- "Cocaine exposed infants, The experience of the Zero to Three Diagnostic Clinic" Presented at annual Symposium of LaRabida Children's Hospital, Chicago, IL April, 2000.
- "Promoting Attachment in Children in Foster Care" Presented at annual Symposium of LaRabida Children's Hospital, Chicago, IL, April, 2000.
- "Facilitating relationships with children who have experienced disrupted attachments" Presented at annual conference of the Chicago Area Families for Adoption Conference, Lisle, IL March, 1999.
- "Attachment theory and implications for practice" Presented to Chicago Perinatal Social Workers Association, Chicago, IL. Sept., 1998.
- "Multidisciplinary group intervention for foster children with disrupted attachment relationships" Presented at annual conference sponsored by LaRabida Children's Hospital, Chicago, IL. March, 1998.
- "Foster parenting drug exposed infants" Workshop sponsored by Central Baptist Family Services, Chicago, IL. October, 1997.
- "Integration of children with special needs into day-care." Seminar presented for The Center for New Horizons, Chicago, IL. September, 1997.
- "Typical development and warning signs." Presented to the Local Interagency Council, Chicago, IL. February, 1996.
- "The role of the parent-child relationship in facilitating the emotional development of infants and toddlers." Seminar presented to the Chicago Department of Health, Chicago, IL. June, 1995.
- "Emotional Functioning of children prenatally exposed to drugs." Workshop for the Illinois Department of Mental Health and Developmental Disabilities, Joliet, IL. May, 1995.
- "Interdisciplinary collaboration in early intervention." Workshop presented at the sixth annual developmental and behavioral pediatrics spring conference, Southern Illinois School of Medicine, Springfield, IL. May, 1995.
- "Using developmental Screening in a pediatric clinic." Seminar for Chicago Department of Health, Chicago, IL. November, 1994.
- "Parent-child relationships and their impact on children's emotional development." Seminar for the Department of Mental Health and Developmental Disabilities, Willowbrook, IL. September, 1994.
- "Autism and Pervasive Developmental Disorder, Effects on the Family System." Jayne Shover Easter Seals, Elgin, IL. July, 1994.
- "Infant and toddler emotional development." Seminar for the Department of Mental Health and Developmental Disabilities, Oakbrook, IL. April, 1994.

- “Facilitating infant and toddler development through enhancing the parent-child relationship.” Seminar for the Chicago Department of Health, Chicago, IL. April, 1994.
- “In the wake of family stress, can we ignore the emotional undertow?” Annual conference of the Chicago area perinatal network, Park Ridge, IL. November , 1993.
- “Cognitive development in infants and young children.” Health and Issues in Premature Children Conference, Chicago, IL. May , 1992.
- “The Multidisciplinary team approach to the assessment of infants and young children.” Annual conference of the Chicago Association for the Education of Young Children, Chicago, IL. November, 1991.
- “Models for the clinical interpretation of individual subject learning data.” Symposium presented at the sixth international conference of infant studies, Society for Research on Child Development, Washington, DC. April, 1988.
- “Contingency Intervention: Impact on families of handicapped children.” State of Illinois Families First Conference, Springfield, IL. September , 1987.

## PUBLICATIONS

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What are the Phases of a Reflective Supervision Meeting, T. Atchley, S. Hall, S. Martinez, and L. Gilkerson in *A Practical Guide to Reflective Supervision*, L. Gilkerson and S. Heller, eds. Zero to Three Press. 2009.

Acquisition of Services Recommended by a Multidisciplinary Medical Diagnostic Team for Children Under Three Years of Age Evaluated for Developmental Delays N. Roizen, M. Shalowitz, K. Komie, S. Martinez, L. Miller, and S. Davis, in *Developmental and Behavioral Pediatrics*, V. 17, No. 6, December 1996.

Developmental and Growth Problems in Children Exposed to Cocaine in Utero, N. Roizen, K. Komie, S. Martinez, L. Miller, in *Archives of Pediatric and Adolescent Medicine*, V. 150, April 1996.