

# Linda Horwitz

## MS.ED, I/ECMH-C



Developmental Specialist  
Infant Mental Health Specialist  
Infant Mental Health Consultant

### PERSONAL PROFILE

Dedicated and compassionate professional with extensive experience in early childhood development, early intervention and the hospitalized infant/child/family. Consultation, Support, Reflective Supervision, and Interventions are provided with an Infant Mental Health and relationship lens.

### CONTACT INFORMATION

847-507-3570  
lindahorwitz210@gmail.com  
2448 Barbary Lane  
Northbrook, IL 60062

### AREAS OF EXPERTISE/HIGHLIGHTS

Illinois Association of Infant Mental Health Credential 2017  
Infant Mental Health Certificate, Erikson Institute 2016  
Adjunct Faculty, Erikson Institute  
Reflective Practice Supervisor  
Illinois Infant Mental Health Consultant Orientation 2021  
ICDL Floortime/DIR Level 201 Certification 2016  
Circle of Security Practitioner Certification 2019  
Yogakids Instructor  
Child Life Specialist-previously certified  
Child Life Volunteer

### CURRENT WORK EXPERIENCE

**Fussy Baby Network, Erikson Institute**  
July 2015 to present  
Developmental/Infant Mental Health Specialist  
Interim Program Supervisor

Coordinates program administration as well as provides reflective supervision of staff.  
Provides Infant Mental Health support and consultation to families through warm line phone support and virtual visits.  
Facilitates parent support groups in person and virtual, focusing on development, fussiness, regulation, crying, sleeping and family stress.  
Responsible for outreach and connection activities in the community to increase awareness of relationship based support and services and to increase referrals and collaborative relationships.  
Facilitates and presents workshops for Pediatric Residents and Community and National Professional Organizations.

**Adjunct Faculty, Erikson Institute**  
August 2018 to present

Teaches Coursework and Seminars in the Post-Master's Infant Mental Health Certificate Program and Master's level child development/infancy specialization.  
Facilitates weekly seminar for IAIMH Credential cohort  
Provides reflective supervision to masters and post-master's level students.  
Facilitates monthly Reflective Practice Group for Erikson Infancy/Child Development Alumni

**Infant Mental Health Consultant**  
2018 to present

Provides developmental and Infant Mental Health training and support to Parents as Teachers and home visiting teams  
Facilitates and supports Reflective team discussions to enhance direct support to families while thinking with a relationship/infant mental health lens.  
Supports Program Director to enhance comfort and use of reflective supervision strategies with their team (individual and group) and to plan for successful team reflective meetings.  
Supports Early Intervention clinicians (OT, ST, DT etc) using a reflecting practice approach

### PREVIOUS WORK EXPERIENCE

**Developmental Consultant and Yogakids Instructor**  
2001-2015  
Northbrook, IL

Provided developmental support for children ages birth through school age privately  
Taught individual and group yogakids classes (parent-tot and age 3-17) to support overall development, enhance learning, increase wellness and self confidence.

**Educational Specialist: Developmental Clinic and Medical Diagnostic Support**  
1997-2006  
Advocate Medical Group/Lutheran General Children's Hospital Park Ridge, IL

Coordinated monthly clinics for families (intake, family support, clinic flow)  
Utilized developmental/standardized assessments, observation, family interview and clinical opinion to assess developmental strengths and challenges and intervention planning.  
Worked collaboratively with Early Intervention Programs and School Districts to enhance the IFSP/IEP process.

**Illinois Medical Diagnostic Coordinator for Early Intervention**  
1996-2002  
Lutheran General Children's Hospital, Park Ridge IL

Coordinated a federal grant funded initiative in the the State of Illinois (one of 7 Coordinators) to develop, create and support an Early Intervention System within the perinatal and educational systems.

**Director of Early Intervention/Developmental Specialist**  
1990-1995  
Jayne Shover Easter Seals, Elgin IL

**Lekotek Leader**  
1987-1989  
Clearbrook Center, Rolling Meadows IL

**Child Life Specialist**  
1985-1989  
Children's Memorial Hospital, Chicago, IL

### EDUCATION

Erikson Institute  
Chicago, IL  
Infant Mental Health Certificate, Post Master's Specialization  
May 2016

Northern Illinois University  
DeKalb, IL  
Early Intervention/Special Education  
Master's of Science  
August 1991

University of Illinois  
Champaign/Urbana, IL  
Psychology, Minor child development  
Bachelor of Science  
May 1986

