

Linda Horwitz

MS.Ed, I/ECMH-C



**Infant/Early Childhood
Mental Health Specialist**

Developmental Specialist

**Infant/Early Childhood
Mental Health Consultant**

PERSONAL PROFILE

Dedicated and compassionate professional with extensive experience in early childhood development, early intervention, Child Life, and Reflective Supervision. Support, Reflective Supervision, and Interventions are provided with an Infant Mental Health and relationship lens.

CONTACT INFORMATION

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lindahorwitz210@gmail.com

AREAS OF EXPERTISE/HIGHLIGHTS

IAIMH Board Member-Current
Family Connects Advisory Board-Current
FAN Trained, Trainer-Current
Reflective Supervisor
IAIMH Credential 2017
Infant Mental Health Certificate, Erikson Institute 2016
IICDL Floor Time-DIR Level 201 Certification 2016
Circle of Security Practitioner Certification 2019
Yogakids Instructor
Child Life Specialist

CURRENT WORK EXPERIENCE

Fussy Baby Network/Smooth Way Home, Erikson Institute
July 2015 to present
Developmental/Infant Mental Health Specialist
Program Supervisor

Coordinates program administration and reflective support to all team members.
Provides Infant Mental Health and Developmental support to families through warm line calls, virtual visits and visits on NICU.
Collaborates/Facilitates parent support groups in Community.
Responsible for outreach and connection activities in the community
Presents workshops/Professional Development for Pediatric Residents, Community and National Organizations.

Adjunct Faculty, Erikson Institute
August 2018 to present

Team Lead and Instructor in the Infant Mental Health Certificate Program
Facilitates weekly seminar for IAIMH/Erikson Credential cohorts
Team Lead/Instructor for Infant Observation Coursework
Provides reflective supervision to master's and post-master's level students.

Infant Mental Health Consultant
2018 to present

Provides developmental and Infant Mental Health training and support to home visiting teams, doulas, early childhood teams and CFC's.
Facilitates and supports reflective team discussions, family/case presentation, and team building.
Supports Program Directors/Supervisors to enhance comfort and use of reflective supervision strategies and embedding an IMH lens

PREVIOUS WORK EXPERIENCE

Developmental Consultant and Yogakids Instructor
2001-2015
Northbrook, IL

Provided developmental support for children ages birth through school age privately.
Taught individual and group yogakids classes (parent-tot and age 3-17) to support overall development, enhance learning, increase wellness and self-confidence.

Educational Specialist: Developmental Clinic and Medical Diagnostic Support
1997-2006
Advocate Medical Group/Lutheran General Children's Hospital Park Ridge, IL

Coordinated monthly clinics for families (Intake, family support, clinic flow)
Utilized developmental/standardized assessments, observation, family interview and clinical opinion to assess developmental strengths and challenges and intervention planning.
Worked collaboratively with Early Intervention Programs and School Districts to enhance the IFSP/IEP process.

Illinois Medical Diagnostic Coordinator for Early Intervention
1996-2002
Lutheran General Children's Hospital, Park Ridge IL

Coordinated a federal grant funded initiative in the State of Illinois (one of 7 Coordinators) to develop, create and support an Early Intervention System in Illinois within the perinatal and educational systems.

Director of Early Intervention/Developmental Specialist
1990-1995
Jayne Shover Easter Seals, Elgin IL

Lekotek Leader
1987-1989
Clearbrook Center, Rolling Meadows IL

Child Life Specialist
1985-1989
Children's Memorial Hospital, Chicago, IL

EDUCATION

Erikson Institute
Chicago, IL
Infant Mental Health Certificate, Post Master's Specialization
May 2016

Northern Illinois University
DeKalb, IL
Early Intervention/Special Education
Master's of Science
August 1991

University of Illinois
Champaign/Urbana, IL
Psychology, Minor child development
Bachelor of Science
May 1986

