



Supporting Immigrant Families

Self-Efficacy in Core Competencies

Please rate yourself on your knowledge and/or skills of the following topics. Knowledge is defined as having information about the topic. Skill is defined as the opportunity to use the knowledge you have in practice.

	No Knowledge/Skill				Advanced Knowledge/Skill		
	1	2	3	4	5	6	7
Foundational Knowledge/Skills							
Knowledge: Child development							
Knowledge: Brain development							
Knowledge: Importance of relationships between family and frontline provider							
Knowledge: Importance of relationships for child development							
Knowledge: Strength-based approach to working with families							
Skill: Strength-based approach to working with families							
Knowledge: Attachment issues of separation, grief, and loss							
Knowledge: Attachment of child to parent/caregiver							
Knowledge: Influence of trauma on development							
Knowledge: Influence of culture on parenting and development							
Knowledge: Risk and protective factors in the environment surrounding a family							
Knowledge: Reflective practice							
Skill: Reflective practice							
Knowledge: Secondary effects of the work (burnout, vicarious trauma, secondary-traumatic stress)							
Knowledge: Current immigration policy							

No
Knowledge/Skill

Advanced
Knowledge/Skill

1	2	3	4	5	6	7
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Core Knowledge/Skills							
Knowledge: Impact of immigration policy on young children and families							
Knowledge: Types of immigration status (immigrant, mixed-status, undocumented, refugee, asylum seeker)							
Knowledge: Psychological impacts of immigration							
Knowledge: Reasons for immigration							
Knowledge: Familiarity with appropriate resources to support immigrant families with mixed status							
Knowledge: Immigration trauma							
Skill: Strategies to support immigrant families with different status accessing services/resources							
Skill: Strategies to support families who have experienced trauma, including immigration trauma							
Knowledge: COVID-19 impacts on young children and families							
Skill: Applying historical, socio-cultural, and social justice approaches to service delivery							
Skill: Providing multi-disciplinary care to families							
Knowledge: Family preparedness planning (i.e. plans for separation and loss as a result of deportation and COVID-19)							
Skill: Family preparedness planning (i.e. plans for separation and loss as a result of deportation and COVID-19)							
Knowledge: Creating safe spaces at centers/agencies (i.e. implementing safety policies and protocols that take immigrant families into consideration, such as knowing how to respond to ICE; COVID-19 safety protocols)							
Skill: Creating safe spaces at centers/agencies (i.e. implementing safety policies and protocols that take immigrant families into consideration, such as knowing how to respond to ICE; COVID-19 safety protocols)							

No
Knowledge/Skill

Advanced
Knowledge/Skill

1	2	3	4	5	6	7
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<i>Core Knowledge/Skills, continued</i>							
Knowledge: Creating safe spaces in the classroom (i.e. managing triggers, responding to expressions of distress in children)							
Skill: Creating safe spaces in the classroom (i.e. managing triggers, responding to expressions of distress in children)							
Knowledge: Creating safe spaces at home (i.e. supporting families in creating safe spaces at home with Know Your Rights, family preparedness plans, COVID-19 management and prevention)							
Skill: Creating safe spaces at home (i.e. supporting families in creating safe spaces at home with Know Your Rights, family preparedness plans, COVID-19 management and prevention)							
Skill: Thinking outside the box to find and use available support for families							
Skill: Addressing problems of daily living							
Skill: Establishing coalitions and community-partnerships to support families							
Skill: Addressing uncertainty, distress, emotional pain with families (i.e. supporting children and families in having difficult conversations: separation loss, ambiguous loss, death, illness, immigration trauma)							