# SHAYSA ESTHER VILLA, MSW, LCSW

## **PROFILE**

I am a highly experienced psychotherapist and supervisor with strong instinctive, analytical, and clinical skills. I have experience in developing rapport, assessing, and implementing interventions that are evidence based, trauma-informed, and culturally sensitive/ intersectional. I am trained and experienced in utilizing Eye Movement Desensitization Reprocessing (EMDR Certified) and Gottman Certified Therapist.

## **PROFESSIONAL EXPERIENCE**

#### Psychotherapist, Shaysa Villa LLC, Chicago, IL

Provide psychotherapy to individuals and couples that is evidence based (EMDR & Gottman), culturally sensitive/intersectional, and trauma-informed.

#### Owner/ Clinical Director, Roamers Therapy LLC, Chicago, IL

Provide psychotherapy to individuals and couples that is evidence based (EMDR & Gottman), culturally sensitive/intersectional, and trauma-informed. I supervise pre-licensed and licensed psychotherapists. In addition as founder, I handled marketing, business development, administrative (insurance verification, billing, payroll, & inquiries).

#### PT- Psychotherapist/ Supervisor, Associates Behavioral Science, Chicago, IL

Provided clinical services to individuals, families, and couples services. Provide supervision to clinical students and supervise intensive outpatient programs.

#### PT-Lead Clinician, NorthEast Dupage Family Youth Services, Addison, IL

Provided clinical services to individuals, families, and couples services out of Glendale Heights Police Department. As a clinician I conducted outreach to identify domestic interventions reported by police and offer services. Supervise staff and interns within a clinical setting.

#### Foster Care Supervisor, Child Link, Chicago, IL

Lead and supervise a team of foster care case managers to provide, formulate, and analyze a range of direct individual and group services within the agency's policies, procedures, and practice while utilizing social work principles and theory.

#### PT-Bilingual Youth and Family Counselor, Omni Youth Services

Provided family and individual counseling for youth encountering emotional and behavioral difficulties. Provided services through crisis intervention, critical incident, and diagnostic assessment services.

#### FT-Bilingual Intact Case Manager, Omni Youth Services, Buffalo Grove, IL

Provided, formulated, and analyzed a range of direct individual and group services within the agency's policies, procedures, and practice while utilizing social work principles and theory.

#### Behavioral Health Consultant (Intern), Prime Care Wicker Park, Chicago, IL

Delivered behavioral health consultation in a community health setting through providing individual brief behavioral health interventions and consultations. Initiate research on ACE (Adverse Childhood Experiences).

### Bilingual Foster Care Case Manager, Children's Home and Aid, Chicago, IL

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Provided, formulated, and analyzed a range of direct individual and group services within the agency's policies, procedures, and practice while utilizing social work principles and theory.

#### Employment Coordinator, Manpower, Hagerstown, MD

Effectively screened candidates to employer's and the company's specifications by assisting in recruitment and placement of associates in a fast-paced and high-volume working environment.

#### Social Work Intern, Department of Social Services, Frederick, MD

Successfully managed case-load and provided ongoing case management for lower-income older adults. Additionally, worked in partnership and independently in a multidisciplinary team that created evaluations, assessments, and treatment plans.

#### **EDUCATION**

*M.S.W., Social Work, Mental Health, Migration* Loyola University Chicago, Chicago, IL *B.S.W., Social Work, Spanish,* Hood College, in Frederick, MD

### <u>SKILLS</u>

Licensed Master Social Worker (New York, 11317), Licensed Clinical Social Worker (Illinois, 149021207), Licensed Independent Clinical Social Worker (Washington DC, LC200001502), Child Welfare Employee License (CWEL); Advanced English and Spanish conversational and writing skills; Experienced in brief behavioral health interventions and consultations. Trained & experienced in CBT, TF- CBT, Eye Movement Desensitization Certified, Gottman Certified Therapist, experiential individual and family therapy. Experienced with substance using clients and intimate partner violence.