

Suvina Sallan (she/her) - Licensed Clinical Social Worker (LCSW)

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Education

Loyola University Chicago
Master of Social Work

1/2011-12/2013
Chicago, Illinois

University of Michigan—College of Literature, Science, & Arts
Bachelors of Arts in Psychology, History, and Political Science

8/2005-5/2009
Ann Arbor, Michigan

Professional Experience

Private Practice-Sallan Therapy, PLLC

Psychotherapist/Owner

6/2016-Present
Chicago, Illinois

- Provide weekly psychotherapy sessions for individuals working through depression, anxiety, relational issues, adjustment concerns, and other presenting problems (Licensed in Illinois, Washington DC, and Florida)
- Manage billing, scheduling, and case notes on a weekly basis for a robust caseload

American College of Surgeons

Senior Manager, Continuous Professional Development Accreditation

6/2019-12/2021
Chicago, Illinois

- Provided regular educational workshops and didactic presentations to curriculum developers about best practices in instructional design, effective presentation skills, and adult learning related to Continuing Medical Education (CME)
- Created, reviewed, and edited educational content across a wide array of learning formats (i.e. live meetings, webinars, recorded content) to ensure meaningful learning experiences for over 2,000 educational activities annually
- Acted as the education liaison among various departments within and partners of the ACS, responsible for monitoring and presenting learning trends and updates related to adult education
- Regularly collected, analyzed, and reported to stakeholders on the impact of 2,000+ annual educational activities and the program through data analysis
- Built sustaining systems to support the development, administration, and outcome analysis of over 2,000+ educational activities annually, with a focus on streamlining and accuracy
- Synthesized academic, medical, and clinical research related to adult education and created resources, tools, and guides to translate key insights to stakeholders

Symmetry Counseling

Psychotherapist

9/2015-5/2016
Chicago, Illinois

- Provided regular psychotherapy sessions for a diverse client group ranging from young professionals to couples
- Used an integrative, client-centered approach to assist individuals and couples in developing increased insight, problem-solving techniques and enhanced emotional intelligence

The Chicago Institute for Psychoanalysis

Psychoanalytic Psychotherapy Clinical Extern—Adult Psychotherapy Clinic

9/2012-11/2013
Chicago, Illinois

- Provided intensive weekly psychotherapy sessions for several patients in order to foster insight through psychodynamic and analytically-informed exploration
- Collaborated with an interdisciplinary extern team through weekly seminars that deepen the comprehension and application of psychoanalytic principles to cases

Psychoanalysis Fellowship Program

9/2013-5/2014

- Participated in monthly seminars on the applications and offshoots of psychodynamic theory
- Discussed therapeutic issues, papers, research, trending topics and case presentations with professional peers
- Explored local therapeutic opportunities and lectures with a faculty mentor, including Chicago Psychoanalytic Society Meetings

EdgeAlliance

Intern-Case Manager

8/2011-6/2012
Chicago, Illinois

- Provided intensive case management for 34 residents at the North Lawndale facility through one-on-one meetings, group sessions, medication adherence support, and social service referrals
- Completed intake interviews, evaluations involving drug and alcohol use/abuse, and mental health psychometric assessments for a culturally diverse caseload
- Conducted wellness programming, life skills, and educational initiatives with residents to further client engagement
- Supplied sobriety support including management of resident participation in drug and alcohol testing, 12-step group participation, and outpatient/inpatient addiction treatment services by other agencies

Auxiliary Board Member

3/2012-12/2014

- Continued involvement with EdgeAlliance through active participation on the young professionals' board
- Designed and executed fundraising and social events in order to expand awareness of the organization's services and mission
- Furthered EdgeAlliance's outreach through volunteer recruitment and collaboration with Board of Directors

Heartland Alliance

Volunteer/Mentor-Refugee and Immigrant Community Services Program

3/2014-3/2015
Chicago, Illinois

- Mentored a youth refugee through social engagement activities, recreational events, and academic tutoring on a monthly basis in order to aid in cultural adjustment